Charter Date: 12-12-2001 Club ID: 56939

Rotary Coffeeland Pulse

Chikkamagaluru, Zone 7, RID 3812 **Weekly Bulletin Issue 10: 2 September 2025** Editor: Rtn. Dr. M.G.Suraj

Rtn. FRANCESCO AREZZO
R I President 2025-26

Rtn. K PALAKSHA
District Governor 2025-26

Rtn. NAGESH KENJIGE
President 2025-26

Rtn. ANAND M
Secretary 2025-26

THE 4 WAY TEST

- **Is it the TRUTH**
- **Is it FAIR to all concerned?**
- **Will it build GOODWILL and BETTER FRIENDSHIPS?**
- **Will it be BENEFICIAL to all concerned?**

Ganesha pooja was organised on 29th August 2025 to commemorate the Ganesha Chathurthi festival that occurred on that week. Ganesha idol sponsored by Rtn. Nasir Hussein, Rtn. Stany Nathan, Rtn. Sheik Ali and Rtn. Nagesh Kenjige was installed at 6.30 pm at the Rotary Coffeeland meeting venue, MLV Rotary Hall. Sri Vaishnav Simha performed the pooja rituals and he was also the speaker for the evening. Sri Vaishnav Simha is the assistant archaka at the historic Kodandarama Temple at Hiremagaluru. After the pooja attended by many Rotarians in traditional attire, the family meet was called to order by the president Rtn. Nagesh. With is melodious voice Rtn. Guruprasad invoked the God to bless the members.

Sri Vaishnav Simha addressed the gathering on the Indian values for modern times. He reminded the members about the concept of shastras as the science of the ancient times. There was misunderstanding of their sutras / rules in some of the shastras like Jyhothisya shastra as simple astrology to predict future, which is the not the case. In the course of the speech, he mentioned to the audience to seek particular blessing from related God, like wealth from Goddess Lakshmi and wisdom from Goddess Saraswathi. Similarly, Lord Ganapathi is to be asked for blessing corresponding to his appearance. Large head symbolises knowledge, big ears to hear all good words, eyes symbolising clear vision, his trunk as a working arm symbolises action, big stomach to digest and face everything that

comes in life and his vehicle the mouse symbolises the wavering nature of human mind that should be controlled by the intellect. He concluded his talk by urging the members to draw on their Indian cultural ethos and values to face the modern times. The club honoured and felicitated the guest speaker Sri Vaishnav Simha. After the meeting, members had a sumptuous dinner with kadabu and chakkali.

The installed Ganesh idol was immersed in water at 10.30 pm.

To serve the community on the occasion of Ganesha festival, a medical check-up camp at Mugulavalli village near Chikkamagaluru was organised on 30th August 2025 in association with the Rotaract Club CIMS.

About 400 people of Mugulavalli village benefited by the camp. The young Rotaractor Doctors involved themselves enthusiastically.

Rotary District 3182
Rotaract District 3182
UNITE FOR GOOD
ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್ ಚಿಕ್ಕಮಗಳೂರು
ರೋಟರಾಕ್ಟ್ – ಸಿಐಎಂಎಸ್
ಉಚಿತ ಗ್ರಾಮೀಣ ಆರೋಗ್ಯ ಶಿಬಿರ
ನಾವು ಎಲ್ಲಾ ರೋಟರಿಯನ್ನರನ್ನು ಹಾಗೂ ರೋಟರಾಕ್ಟರ್‌ಗಳನ್ನು ನಮ್ಮ ಉಚಿತ ಗ್ರಾಮೀಣ ಆರೋಗ್ಯ ಶಿಬಿರಕ್ಕೆ ಹೃತ್ಪೂರ್ವಕವಾಗಿ ಆಹ್ವಾನಿಸುತ್ತೇವೆ. ನಿಮ್ಮ ಗೌರವಾನ್ವಿತ ಸಾನ್ನಿಧ್ಯ ಹಾಗೂ ಅಮೂಲ್ಯ ಬೆಂಬಲವನ್ನು ನಾವು ಕಾತರದಿಂದ ನಿರೀಕ್ಷಿಸುತ್ತೇವೆ.
RTN.ರವೀಂದ್ರನಾಥ ನಾಯ್ಡು
ಸಲಹೆಗಾರರು – ರೋಟರಾಕ್ಟ್ CIMS
RTN.ನಾಗೇಶ್ ಕೆಂಜಿಗೆ
ಅಧ್ಯಕ್ಷರು – ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್
RTN.ಆನಂದ್ ಎಂ
ಕಾರ್ಯದರ್ಶಿ – ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್
ವೈದ್ಯಕೀಯ ಶಿಬಿರ ಮುಖ್ಯ ಅಧ್ಯಕ್ಷರು
ಮುಗುಳವಳ್ಳಿ ಗ್ರಾಮ, ಚಿಕ್ಕಮಗಳೂರು ತಾಲ್ಲೂಕು ಮತ್ತು ಜಿಲ್ಲೆ
RTR. ಗೌರವ್ ಎಂ. ಸಿಂಹ
ಅಧ್ಯಕ್ಷರು – ರೋಟರಾಕ್ಟ್ CIMS
RTR. ಸುಪ್ರಿತ ವಿ
ಕಾರ್ಯದರ್ಶಿ – ರೋಟರಾಕ್ಟ್ CIMS
ಶನಿವಾರ, 30 ಆಗಸ್ಟ್ 2025 |
ಬೆಳಿಗ್ಗೆ 9 ಗಂಟೆಯಿಂದ

Rotary District 3182
Rotaract District 3182
UNITE FOR GOOD
ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್ ಚಿಕ್ಕಮಗಳೂರು
ರೋಟರಾಕ್ಟ್ – ಸಿಐಎಂಎಸ್
ಉಚಿತ ಗ್ರಾಮೀಣ ಆರೋಗ್ಯ ಶಿಬಿರ
ಶಿಬಿರದ ಉದ್ದೇಶ
RTN.ರವೀಂದ್ರನಾಥ ನಾಯ್ಡು
RTN.ನಾಗೇಶ್ ಕೆಂಜಿಗೆ
RTN.ಆನಂದ್ ಎಂ
RTR. ಗೌರವ್ ಎಂ. ಸಿಂಹ
RTR.ಸುಪ್ರಿತ ವಿ
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ಶನಿವಾರ, 30 ಆಗಸ್ಟ್ 2025 |
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ROTARY COFFEELAND
CHIKKAMAGALURU
R.I.DIST. 3182, Zone - 7

ROTARY CLUB OF COFFEELAND

The medical check-up camp was covered in couple of news outlets. One can scan the QR code to read about it.

Home / ಜಿಲ್ಲಾ ಸುದ್ದಿ /
ಚಿಕ್ಕಮಗಳೂರು-ಮಾನವನಿಗೆ ಆರೋಗ್ಯವೇ ಮಹಾಭಾಗ್ಯ : ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್ ಅಧ್ಯಕ್ಷ ನಾಗೇಶ್ ಕೆಂಜಿಗೆ

ಚಿಕ್ಕಮಗಳೂರು ಜಿಲ್ಲಾ ಸುದ್ದಿ

ಚಿಕ್ಕಮಗಳೂರು-ಮಾನವನಿಗೆ ಆರೋಗ್ಯವೇ ಮಹಾಭಾಗ್ಯ : ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್ ಅಧ್ಯಕ್ಷ ನಾಗೇಶ್ ಕೆಂಜಿಗೆ

September 1, 2025 / Editor

ಚಿಕ್ಕಮಗಳೂರು, ಸೆಪ್ಟೆಂಬರ್ 01: ಮನುಷ್ಯನ ಒತ್ತಡದ ಕೆಲಸ ಕಾರ್ಯಗಳ ನಡುವೆ ಉತ್ತಮ ಆಹಾರ ಪದ್ಧತಿ, ವ್ಯಾಯಾಮ ಹಾಗೂ ಆರೋಗ್ಯಕರ ಜೀವನ ಶೈಲಿ ಅಳವಡಿಸಿಕೊಂಡು, ನಿಯಮಿತವಾಗಿ ಆರೋಗ್ಯ ತಪಾಸಣೆ ಮಾಡಿಸಿಕೊಳ್ಳಬೇಕು ಎಂದು ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್ ಅಧ್ಯಕ್ಷ ನಾಗೇಶ್ ಕೆಂಜಿಗೆ ಸಲಹೆ ನೀಡಿದರು.

ತಾಲ್ಲೂಕಿನ ಮುಗುಳುವಳ್ಳಿ ಗ್ರಾಮದಲ್ಲಿ ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್, [illegible] ಮುಗುಳುವಳ್ಳಿ ಗೌರಮ್ಮ ಗಣಪತಿ ಸೇವಾ ಸಮಿತಿ ಸಹಯೋಗದಲ್ಲಿ ಗೌರಿ-ಗಣೇಶ ಹಬ್ಬದ ಪ್ರಯುಕ್ತ

How can I help you?

Malenadu Sangathi newspaper

ಡಿ.ಬಿ.ಸುಜೇಂದ್ರ ಮಾತನಾಡಿ, ನಂದಿನಿ ಭಾಗವಹಿಸಿದ್ದರು.

ಮಾನವನಿಗೆ ಆರೋಗ್ಯವೇ ಮಹಾಭಾಗ್ಯ

ಚಿಕ್ಕಮಗಳೂರು, ಸೆ.1:–

ಮನುಷ್ಯನ ಒತ್ತಡದ ಕೆಲಸ ಕಾರ್ಯಗಳ ನಡುವೆ ಉತ್ತಮ ಆಹಾರ ಪದ್ಧತಿ, ವ್ಯಾಯಾಮ, ಆರೋಗ್ಯಕರ ಜೀವನ ಶೈಲಿ ಅಳವಡಿಸಿಕೊಂಡು ಆಗಾಗ ಆರೋಗ್ಯ ತಪಾಸಣೆ ಮಾಡಿಸಿಕೊಳ್ಳಬೇಕು ಎಂದು ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್ ಅಧ್ಯಕ್ಷ ನಾಗೇಶ್ ಕೆಂಜಿಗೆ ಹೇಳಿದರು.

ತಾಲ್ಲೂಕಿನ ಮುಗುಳುವಳ್ಳಿ ಗ್ರಾಮದಲ್ಲಿ ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್, ರೋಟರಾಕ್ಟ್–ಸಿಐಎಂಎಸ್ ಹಾಗೂ ಮುಗುಳುವಳ್ಳಿ ಗೌರಮ್ಮ ಗಣಪತಿ ಸೇವಾ ಸಮಿತಿ ಸಹಯೋಗದಲ್ಲಿ ಗೌರಿ–ಗಣೇಶ ಹಬ್ಬದ ಪ್ರಯುಕ್ತ ಶನಿವಾರ ಹಮ್ಮಿಕೊಂಡಿದ್ದ ಉಚಿತ ಗ್ರಾಮೀಣ ಆರೋಗ್ಯ ಶಿಬಿರಕ್ಕೆ ಚಾಲನೆ ನೀಡಿ ಅವರು ಮಾತನಾಡಿದರು.

ಮಾನವನಿಗೆ ಆರೋಗ್ಯವೇ ಮಹಾಭಾಗ್ಯ. ಆರೋಗ್ಯ ಸರಿ ಇಲ್ಲದಿದ್ದರೆ ಆಸ್ತಿ, ಅಂತಸ್ತು, ಐಶ್ವರ್ಯ ಎಲ್ಲವೂ ವ್ಯರ್ಥ. ಉತ್ತಮ ರೀತಿಯ ಆಹಾರ ಪದ್ಧತಿ ವ್ಯಾಯಾಮ ಅಳವಡಿಸಿಕೊಂಡಲ್ಲಿ ಆರೋಗ್ಯಕರ ಜೀವನ ನಡೆಸಬಹುದಾಗಿದ್ದು ಪ್ರತಿನಿತ್ಯದ ಕೆಲಸ ಕಾರ್ಯಗಳ ಒತ್ತಡದ ನಡುವೆ ಆರೋಗ್ಯಕ್ಕೂ ಹೆಚ್ಚಿನ ಆದ್ಯತೆ ನೀಡಬೇಕು ಎಂದರು.

ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿ ಯುವ ಪೀಳಿಗೆ ಹಲವು ರೀತಿಯ ದುಶ್ಚಟಗಳಿಗೆ ಪೀಡಿತರಾಗಿ ತಮ್ಮ ಉಜ್ವಲ ಜೀವನವನ್ನೇ ಹಾಳು ಮಾಡಿಕೊಳ್ಳುತ್ತಾರೆ. ವೈದ್ಯಕೀಯ ಚಿಕಿತ್ಸೆ ಪಡೆದುಕೊಂಡರೆ ಆರೋಗ್ಯಕರ ಜೀವನ ನಡೆಸಲು ಸಾಧ್ಯ ಎಂದ ಅವರು ವ್ಯಸನಗಳ ಚಟಕ್ಕೆ ದಾಸರಾಗದೇ ಸಾತ್ವಿಕ ಜೀವನ ನಡೆಸಬೇಕು ಎಂದು ಕಿವಿಮಾತು ಹೇಳಿದರು.

ಮುಗುಳುವಳ್ಳಿ ಗ್ರಾ.ಪಂ. ಅಧ್ಯಕ್ಷೆ ಶೃತಿ ಉಮೇಶ್ ಮಾತನಾಡಿ ಆರೋಗ್ಯದಲ್ಲಿ ಏರುಪೇರುಗಳು ಕಂಡು ಬಂದಲ್ಲಿ ನಿರ್ಲಕ್ಷ್ಯ ವಹಿಸದೇ ಶೀಘ್ರವೇ ಆರೋಗ್ಯವನ್ನು ತಪಾಸಣೆ ಮಾಡಿಸಿಕೊಂಡು ಯಾವುದೇ ರೀತಿಯ ಕಾಯಿಲೆಗಳಿದ್ದಲ್ಲಿ ಸೂಕ್ತ ಚಿಕಿತ್ಸೆ ಪಡೆದುಕೊಂಡಲ್ಲಿ ಆರೋಗ್ಯವನ್ನು ಕಾಪಾಡಿಕೊಳ್ಳಬಹುದಾಗಿದೆ ಎಂದರು.

ಈ ಸಂದರ್ಭದಲ್ಲಿ ರೋಟರಿ ಕಾಫಿಲ್ಯಾಂಡ್ ಕಾರ್ಯದರ್ಶಿ ಎಂ. ಆನಂದ್, ರೋಟರಾಕ್ಟ್ ಸಲಹೆಗಾರ ರವೀಂದ್ರನಾಥ ನಾಯ್ಡು, ಅಧ್ಯಕ್ಷ ಗೌರವ್.ಎಂ.ಸಿಂಹ, ಕಾರ್ಯದರ್ಶಿ ವಿ.ಸುಪ್ರಿತ, ಗ್ರಾಮ ಪಂಚಾಯಿತಿ ಉಪಾಧ್ಯಕ್ಷ ಮಲ್ಲೇಶ್, ಸದಸ್ಯರಾದ ಉಮೇಶ್, ಮಾಜಿ ಸದಸ್ಯರಾದ ವಿಜಯಕುಮಾರ್, ಬ್ಯಾಂಕ್ ನಿರ್ದೇಶಕ ಪರಮೇಶಪ್ಪ, ದಿನೇಶ್ ಇದ್ದರು.

In the spirit of service on the eve of planning the medical camp, some people of the village showed their interest in getting involved in Rotary programs. Towards this, an informal discussion about Rotary Community Corps was held in the village.

Awards Night at Kalyanpura:

On 30th and 31st of August, Membership seminar, Public Image & Awards Night was organised by the Rotary District 3182 at Kalyanpura. Our club 22 awards, of them 9 - 1st place, 6 - 2nd place and 7 - 3rd place awards. We got BEST CLUB UNDER DISTRICT PROJECT - 1ST PLACE, BEST CLUB UNDER ALL AVENUES OF SERVICE - 2ND PLACE, BEST CLUB UNDER COMMUNITY SERVICE - 3RD PLACE and BEST CLUB UNDER YOUTH SERVICE - 3RD PLACE IN RID 3182. Along with them, we also received Membership growth awards and Public image awards.

It is exciting to see that our Club program of ‘Our walk to the paddy field’ conducted on 10-8-25 was covered in the September edition of the Rotary News magazine.

From classrooms to paddy fields

Jaishree

Who says learning only happens in classrooms? With rolled-up pants and sleeves, and eyes wide with curiosity, a group of government school students in Gendehalli village in Belur district, Karnataka, traded their school desks for a day in the paddy fields, thanks to a unique initiative by the Rotary Club of Coffeeland Chikkamagaluru, RID 3182.

"We designed the programme to introduce children to the joys and challenges of farming, help them appreciate the hard work of farmers and foster a deeper connection with nature and food

dents learn to plant paddy saplings.

Members of RC Coffeeland Chikkamagaluru trying their hand in paddy cultivation.

sources," said Sudha H D, the club's Vocational Services director. She led a team of 36 students and 37 Rotarians and Anns to Aldur Pura, a lush, scenic hamlet, 15km from Chikkamagaluru for this immersive learning programme.

The farmers were happy to teach their enthusiastic guests the art of cultivation. The children and adults stepped barefoot into the slushy fields, thrilled to plant their first rice saplings under the open sky.

"I have watched and enjoyed such scenes only in movies, but when I had this first-hand experience I realised how difficult it is to work in the fields under the scorching sun, with my feet and hands soiled with slush. I truly appreciate our farmers; my friends and I have resolved not to waste food hereafter. We now understand the hard work that goes into the making of each grain of rice," said Vani Gowda, a Class 7 student.

Club secretary M Anand briefed the team about the ancient roots of paddy cultivation in Asia, and its crucial role in India's food security. He spoke about the challenges faced by farmers, from climate change to wild animal intrusions. "Our aim was to build respect among the young minds for agriculture as a noble and vital vocation, and understand the value of food that comes to their table," he says.

At noon, the guests were served authentic Malnad cuisine, specially prepared by Sudha and Ann Shreya Nagesh. The meal was served under a canopy of trees in the village. "We enjoyed the food and the ambience. It felt like we had time-travelled to a different era," said Vani.

Club president Nagesh Kenjige and past assistant governor B K Gurumurthy extended full support to the initiative.

Sudha, a government school teacher, has plans to extend the programme further. Over the coming months, she hopes to introduce students to coffee and pepper cultivation, the region's signature crops, and also offer them a behind-the-scenes look at the making of Channapatna toys and the working of a printing press. "Sometimes the best way to learn is not from a textbook, but from the land itself," she smiled. ■

Charter Date : 12-12-2001

Rotary

UNITE FOR GOOD

The President and members of

ROTARY CLUB OF COFFEELAND

CHIKKAMAGALURU

ZONE 07, RI DIST 3182

CLUB ID 56939

Chikkamagaluru to Pune

ROAD SAFETY & ENVIRONMENT DRIVE

Cordially invites you and your family to the

Pune Drive Flagoff

Chief Guest Rtn. PALAKSHA K

DISTICT GOVERNOR RID 3182

Flagoff

Dr. Vikram Amate

Superintendent of Police, Chikkamagaluru

Guest of honour

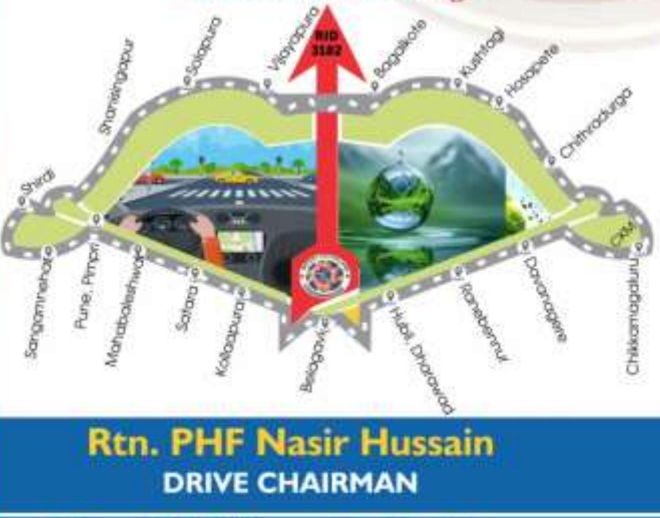
Rtn. Praveen Nahar T M

Assistant Governor Zone 07

Rtn. Manjunatha H K

Zonal Lieutenant, Zone 07

Rotarians Car Rally



On Tuesday,

2nd SEPTEMBER 4.30 pm

Venue : MLV ROTARY HALL

Chikkamagaluru

Rtn. PHF Nasir Hussain
DRIVE CHAIRMAN

Rtn. PHF Gurumurthy B.K
DRIVE Co-Ordinator

Rtn. PHF Nagesh Kenjige
President 2025-26

Rtn. Anand M
Secretary 2025-26

Charter Date : 12-12-2001

Rotary

UNITE FOR GOOD

The President and members of

ROTARY CLUB OF COFFEELAND

CHIKKAMAGALURU

ZONE 07, RI DIST 3182

CLUB ID 56939

ROTARY DISTRICT PROJECT

ROAD SAFETY

Cordially invites you and your family to the

INAUGURATION DISTRICT PROJECT

of the **Rtn. PALAKSHA K**

DISTICT GOVERNOR RID 3182

Guest of honour

Rakesh

RTO, Chikkamagaluru

Manjunath

Break Inspector Chikkamagaluru

Rtn. Praveen Nahar T M

Assistant Governor Zone 07

Rtn. Manjunatha H K

Zonal Lieutenant, Zone 07

On Tuesday, 2nd SEPTEMBER 5.30 pm

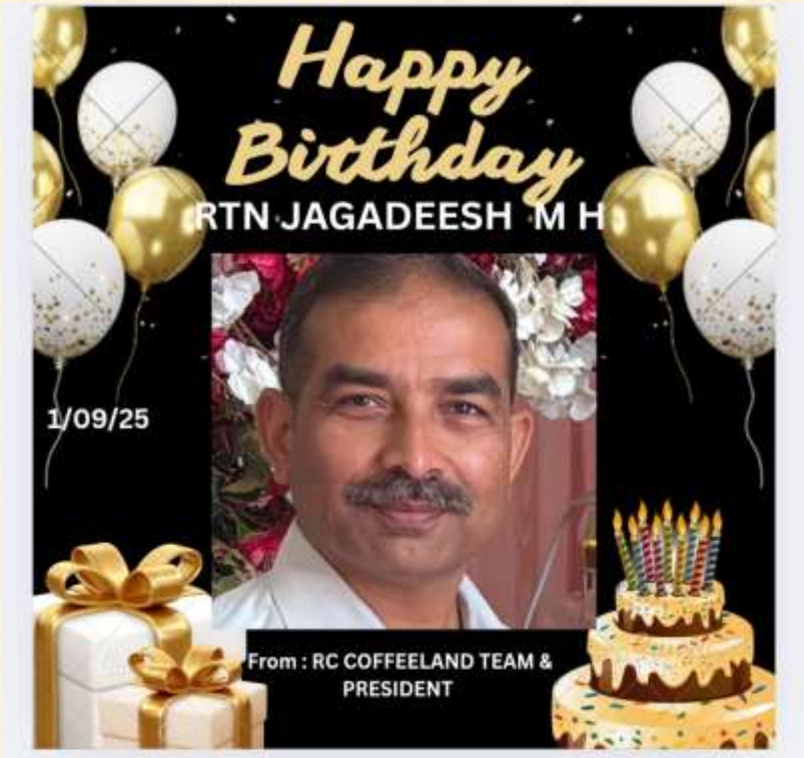
Venue : AZAD PARK Chikkamagaluru

Rtn. PHF Tanoj Kumar P
DISTRICT PROJECT CHAIRMAN

Rtn. PHF Nagesh Kenjige
President 2025-26

Rtn. Anand M
Secretary 2025-26

Road Safety Helmets Distribution


Happy Birthday
RTN JAGADEESH M H
1/09/25
From : RC COFFEELAND TEAM & PRESIDENT

HAPPY WEDDING ANNIVERSARY
RTN PRAKASH & FAMILY
31/08/2025

UNITE FOR GOOD

Rotary